

CONFERENCE FEES & REGISTRATION

WE ANTICIPATE THERE WILL BE SIGNIFICANT INTEREST IN THIS CONFERENCE, AND CONFERENCE SPACE IS LIMITED . EARLY REGISTRATION IS ADVISED

<u>CONFERENCE FEE CATEGORY</u>	<u>EITHER Dec 3 OR Dec 4</u> 1/2 day sessions	<u>BOTH Dec 3 AND Dec 4</u> 1/2 day sessions
MPA Physician Members	\$225.00	\$300.00
Non-MPA Physicians	\$300.00	\$375.00
MPA Allied Health Members	\$175.00	\$225.00
Non-MPA Allied Health	\$200.00	\$250.00
Rady FHS Medical Residents	\$50.00	\$75.00
Rady FHS Undergraduate Students	Nil	Nil

FOR REGISTRATION PLEASE CONTACT:

**Karen Simpson 204.787.7098 OR
KSimpson@exchange.hsc.mb.ca**

Online Registration Now Available! Click on the link below:

[2023 Manitoba Psychiatric Association Spring Scientific Conference Dec 3 and 4 - Continuing Professional Development - Rady Faculty of Health Sciences \(cpd-umanitoba.com\)](https://cpd-umanitoba.com/2023-manitoba-psychiatric-association-spring-scientific-conference-dec-3-and-4-continuing-professional-development-rady-faculty-of-health-sciences)

ABOUT THE MPA

The Manitoba Psychiatric Association began in 1959 as the Psychiatric Section of the Manitoba Medical Association (now Doctors Manitoba). In 1967, it took on its current name.

The MPA's objectives are to represent psychiatrists within Doctors Manitoba as well as to provide a formal regional representation to the Canadian Psychiatric Association and its national components. The MPA plays a role in advocating (along with other groups as well) for the mental health and psychiatric care of Manitobans, promoting our psychiatric profession, addressing the wellbeing of our profession's practitioners and learners, and fully participating and supporting the ongoing educational needs of its members.

2023 CONFERENCE PLANNING COMMITTEE

Dr. L. Schwartz, Chair
Dr. J. Simm
Dr. M. Harrington
Dr. C. Polimeni
Ms. Carole Marshall
Dr. C. Classen
Dr. A. Paletta



MANITOBA PSYCHIATRIC ASSOCIATION PRIMARY MENTAL HEALTH CARE CONFERENCE: 2023

**VIRTUAL CONFERENCE
DEC 3 & DEC 4, 2023**

This event was co-developed with the CPD Medicine Program, University of Manitoba and was planned to achieve scientific integrity, objectivity and balance. This one-credit-per-hour Group Learning program meets the certification criteria of the College of Family Physicians of Canada and has been approved by the CPD Medicine Program, University of Manitoba for up to 6.5 Mainpro+ credits. This event is an Accredited Group Learning Activity (Section 1) as defined by the Maintenance of Certification Program of The Royal College of Physicians and Surgeons of Canada, and approved by the CPD Medicine Program, University of Manitoba for a maximum of 6.5 hours. Participants should only claim credit for the actual number of hours attended. The University of Manitoba CPD Medicine Program is fully accredited by the Committee on Accreditation of Continuing Medical Education (CACME).

WHEN ONE AND ONE IS GREATER THAN TWO: DIAGNOSIS AND TREATMENT OF CO-OCCURRING ANXIETY AND ATTENTION-DEFICIT HYPERACTIVITY DISORDERS

Sunday, Dec 3, 2023: Registration: 11:45- 12:30

12:30 - 14:00 - Dr. K. Manassis “Understanding and Intervening with Children who have Anxiety Disorders and ADHD”

- To understand the cognitive basis for the co-occurrence of Anxiety Disorders and ADHD
- To formulate children presenting with this comorbidity in order to address all contributing factors
- To identify important treatment considerations in children with comorbid anxiety and ADHD

14:00 - 14:30 - Break

14:30 - 15:30 - Breakout Groups 1 and 2

Dr. Gary Altman - “Putting Knowledge Into Practice: Youth Presenting with Anxiety”

- To describe a biopsychosocial assessment of anxiety in youth
- To review the work with systems in the management of anxiety disorders in youth.
- To explore treatment of complex anxiety disorders in youth

Dr. Cassandra Adduri - “ADHD across the lifespan”

By attending this session, the participant will be able to:

- Be aware of ADHD symptomatology, prevalence, and how symptoms present in childhood, adolescence and adulthood
- Appreciate the functional consequences associated with ADHD
- Understand comorbidities and treatment

15:30 - 15:45 - Break

15:45 - 16:45 - Breakout Groups 1 and 2 Repeat

Monday, Dec 4, 2023: Virtual Registration 08:00 - 08:30am

08:30 - 10:00 - Dr. K. Manassis “Understanding and Intervening with Children who have Anxiety Disorders and ADHD”

10:00 - 10:30: Break

10:30 - 12:00 - Dr. J. Sareen “Clinical approach in the assessment and treatment of adults with Co-occurring Anxiety and Attentional symptoms.”

- Understand the comorbidity of attentional symptoms and anxiety disorders.
- Understand the biopsychosocial factors associated with this comorbidity.
- Delineate a biopsychosocial treatment plan for cooccurring attentional and attentional symptoms.

PRESENTERS’ BIOGRAPHIES

Gary Altman M.D. FRCPC, Dip. ACT, FCPA is a Child and Adolescent Psychiatrist and an Associate Professor in the Department of Psychiatry at the University of Manitoba. He is also the Associate Head of the Section of Child and Adolescent Psychiatry and is a Diplomate of The Academy of Cognitive Therapy. Dr. Altman’s clinical duties include being the Service Chief of the Anxiety Disorders Service for Children and Youth at the Health Sciences Centre in Winnipeg. His clinical and research interests include Anxiety Disorders in youth, Tourette’s Disorder, Attention Deficit Hyperactivity Disorder, Autism Spectrum Disorder and Cognitive Behavioral Therapy.

Jitender Sareen M.D. FRCPC, Dr. Jitender Sareen is a leading expert in the field of psychiatry and mental health, and his research focuses on understanding the underlying mechanisms of mental health disorders, with a particular emphasis on anxiety and depression. He is currently the Professor and Head of the Department of Psychiatry at the University of Manitoba, as well as the Provincial Specialty Lead for Mental Health and Addictions at Shared Health.



Cassandra A. Adduri, MA, MD, FRCPC Psychiatry, Child and Adolescent Psychiatry Cassandra Adduri is a Child and Adolescent Psychiatrist, in the department of Psychiatry at the University of Manitoba. She completed her General Psychiatry, and Child and Adolescent Psychiatry Subspecialty training at the University of Manitoba in 2021 and 2022. Her clinical focus is on ADHD, as well as severe and persistent mental illnesses in inpatient and outpatient settings.



Dr. Katharina Manassis graduated from the Faculty of Medicine, University of Toronto, in 1986, and became a certified Child & Adolescent Psychiatrist. Career highlights include developing and directing a clinical-research program in Childhood Anxiety Disorders at the Hospital for Sick Children, Toronto, for over 20 years; studying the causes and cognitive behavioral treatment of Anxiety Disorders with over 90 related peer reviewed papers; supervising numerous graduate students at the Ontario Institute for Studies in Education and the Institute of Medical Science, University of Toronto; and managing a diverse private practice in her home community of Pickering, Ontario.



ABOUT THE JOINT MPA CONFERENCE

The MPA welcomes you to the **Primary Mental Health Care Conference 2023**, being held **Via ZOOM** on **Sunday, December 3, 2023** and **Monday, December 4, 2023**.

PLEASE NOTE:

Certificates of Attendance will be sent to attendees who provide their email addresses to the MPA upon registration for the Scientific Conference.

Evaluations will be distributed to all attendees– **please** fill them out!