

# BRAINS, BONES AND BRUISES

## FRIDAYS AT THE UNIVERSITY

### COMMON MSK AND SPORTS MEDICINE INJURIES - MARCH 1, 2019 0830 - 1320

*Frederic Gaspard Theatre | Basic Medical Sciences Building*

Join us as we examine these topics from top to bottom - from primary care management of concussion to common foot pathologies and how to evaluate them.

#### AGENDA

- 0800 - 0820 Registration** and continental breakfast
- 0820 - 0830 Welcome and introductions**
- 0830 - 0920 Primary care management of concussion in Canada**  
– Michael Ellis, MD, FRCSC
- 0920 - 1010 Common Clinical Wrist/Hand Problems Encountered in the Primary Setting**  
– Stéphane Lenoski BSc, MD, CCFP (SEM), Dip. Sport Med, CSEP-CEP
- 1010 - 1100 Evidence-based Management of Low Back Pain**  
– Neil Craton B.Sc., M.D., M.H.K., M.C.F.P. (SEM), Dip. Sport and Exercise Med.
- 1100 - 1140 Lunch** and networking break
- 1140 - 1230 Physiotherapy on the Go: How to Help your patients get moving and start healing from their injuries**  
– Jean-Francois Berard, MCISc, BMR, PT, BSc, CEP, FCAMPPT
- 1230 - 1320 Common Non-Traumatic Foot Problems**  
– Amar Gupta BSc. (Hons) Pod. Med., PgCert. Theory Podiatric Surgery

#### WORKSHOP OBJECTIVES:

- Implement an introductory assessment and management plan for children and adults with acute concussion. (Medical expert)
- Formulate a management plan for a patient with persistent post-concussion symptoms as per Manitoba protocols. (Medical Expert, Scholar)
- Discuss the diagnosis and treatment strategies for the most common wrist and hand ailments seen in the primary care setting. (Medical Expert)
- Carry-out a time efficient, evidence based assessment when diagnosing and managing low back pain in the outpatient clinic. (Medical Expert, Scholar, Leader)
- Demonstrate the management of common musculoskeletal injuries using collaborative strategies from a rehabilitation expert. (Medical Expert, Collaborator)
- Recognize everyday foot pathologies and evaluation strategies through the lens of the podiatrist. (Collaborator)

4.5

Mainpro+  
Group Learning  
MOC Section 1  
Per Session



UNIVERSITY  
OF MANITOBA

Rady Faculty of  
Health Sciences

## ONLINE REGISTRATION

Methods of payment are by VISA, MasterCard and AMEX.

Register online at: [cpd-umanitoba.com](http://cpd-umanitoba.com)

## FEES

PER SESSION FEES

Physician \$195 | Nurse / Other Health Professional \$80 | Resident \$35

ANNUAL FEE FOR 8 SESSIONS

Physician \$920 | Nurse / Other Health Professional \$375 | Resident N/A

## REFUND POLICY

Upon written request no less than 10 days prior to the start of the event, a refund will be given less \$35 for administrative costs. No refunds will be given for cancellations within 10 days of the start of the event.

## DISCLOSURE OF CONFLICTS OF INTEREST

In keeping with accreditation guidelines, speakers participating in this event are required to disclose to the audience any involvement with industry or other organizations that may potentially influence the presentation of the educational material.

## ACCREDITATION

The University Of Manitoba CPD Medicine Program is fully accredited by the Committee on Accreditation of Continuing Medical Education (CACME).

## MBTELEHEALTH

This program is available to all MBTelehealth sites. It is up to you to ensure that your location is available and reserved for your use. To receive credits and access speakers' presentations post-event, you must also be a paid registrant.

THIS PROGRAM WILL BE OF INTEREST TO FAMILY PHYSICIANS, FAMILY MEDICINE RESIDENTS, NURSE PRACTITIONERS, NURSES, PHARMACISTS, AND OTHER HEALTH PROFESSIONALS WORKING IN URBAN OR RURAL SETTINGS. PLEASE NOTE THAT THIS AGENDA MAY BE SUBJECT TO CHANGE.

## CFPC MAINPRO+ GROUP LEARNING

THIS ONE-CREDIT-PER-HOUR GROUP LEARNING PROGRAM MEETS THE CERTIFICATION CRITERIA OF THE COLLEGE OF FAMILY PHYSICIANS OF CANADA AND HAS BEEN APPROVED BY THE CPD MEDICINE PROGRAM, UNIVERSITY OF MANITOBA FOR UP TO 4.5 MAINPRO+ CREDITS.

## RCPSC MOC SECTION 1

THIS EVENT IS AN ACCREDITED GROUP LEARNING ACTIVITY (SECTION 1) AS DEFINED BY THE MAINTENANCE OF CERTIFICATION PROGRAM OF THE ROYAL COLLEGE OF PHYSICIANS AND SURGEONS OF CANADA, AND APPROVED BY THE CPD MEDICINE PROGRAM, UNIVERSITY OF MANITOBA FOR A MAXIMUM OF 4.5 HOURS.

## PHARMACISTS

THE COLLEGE OF PHARMACISTS OF MANITOBA RECOGNIZES LEARNING ACTIVITIES THAT HAVE BEEN ACCREDITED BY THE ROYAL COLLEGE OF PHYSICIANS AND SURGEONS OF CANADA (MOC) AND/OR THE COLLEGE OF FAMILY PHYSICIANS OF CANADA (MAINPRO+). PHARMACISTS CAN CLAIM THESE LEARNING ACTIVITIES AS ACCREDITED IN THEIR PROFESSIONAL DEVELOPMENT LOG.

PARTICIPANTS SHOULD ONLY CLAIM CREDIT FOR THE ACTUAL NUMBER OF HOURS ATTENDED.

## CONTACT

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