2017-2018
CPD FOR FAMILY PHYSICIANS, SPECIALISTS & PRIMARY CARE
CONNECTING TO LEARNING...COMMITTING TO CARING
# YEAR AT A GLANCE

## Calendar of Events

**FRIDAYS @ THE UNIVERSITY | SKILLS WORKSHOPS | COMMUNITY-BASED PROGRAMS | ADDITIONAL CPD PROGRAMS**

**BEST OF BANNATYNE WEBINARS | BREAKFAST WITH THE EXPERTS**

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“Wonderful presentation. Lots of good information. Will lead to several changes in my practice.”

**COMMUNITY-BASED: MORDEN/WINKLER - CHOOSE WISELY**

**DECEMBER 8, 2016**

[Registration, Cancellation and Fee information found on pages 8 & 9.]
This series of one-hour webinars showcases the most highly rated sessions from our Fridays @ the University series, as voted by event attendees. Each webinar is accredited for both family physicians and Royal College fellows and would be of interest to any health care provider in primary care. Physicians may claim one credit per hour for each session.

**2017-18 PLENARY SESSION SCHEDULE**

*Topics subject to change

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<td>May 5, 2017</td>
<td>Pierre J. Plourde</td>
<td>Update in Travel Medicine – Fever from the Tropics*</td>
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<td>Eric Bow</td>
<td>Approach to Lymphadenopathy*</td>
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<td>Denise Black</td>
<td>Human Papilloma Virus Treatment and Prevention*</td>
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**THE BEST OF BANNATYNE WEBINARS WILL TAKE PLACE ON THE FOLLOWING TUESDAYS:**

- October 3, 2017
- November 21, 2017
- January 16, 2018
- February 20, 2018
- March 20, 2018
- April 17, 2018
- May 22, 2018

**TOPICS WILL INCLUDE:**

- Female Incontinence
- Four Essential Medications in Palliative Care
- ADHD Update
- Wheezing in the Preschool Child
- Hot Topics in Infectious Diseases (not just Zika*)
- Office Spirometry
- Antidepressants – What a Primary Care Provider Needs to Know
- MAID
- Management of Psoriasis*
- Knee Pain in the Office*
- Concussion Update*
- Lupus

**CFPC Mainpro+ Group Learning**

This Group Learning program meets the certification criteria of the College of Family Physicians of Canada and has been approved by the CPD Medicine Program, University of Manitoba for up to 1.0 Mainpro+ credits.

**RCPSC Section 1**

This event is an Accredited Group Learning Activity (Section 1) as defined by the MOC Program of The Royal College of Physicians and Surgeons of Canada, and approved by the CPD Medicine Program, University of Manitoba for a maximum of 1.0 hour.

Participants should only claim credit for the actual number of hours attended.

**Pharmacy Credits**

The College of Pharmacists of Manitoba recognizes learning activities that have been accredited by The Royal College of Physicians and Surgeons of Canada (MOC) and/or The College of Family Physicians of Canada (Mainpro+). Pharmacists can claim these continuing medical education programs as accredited learning by selecting the appropriate accrediting body in the member’s online Professional Development Log.

Spend Saturday morning with us at our new jam-packed Breakfast with the Experts series! Located in our sunny Buhler Atrium, three speakers will present on common infectious disease topics and guide the learner through practical case studies that address barriers to change in day-to-day practice. Space is limited, so register early!

This session would be of interest to family physicians, specialists, allied health and residents.

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**DATES, TOPICS AND SPEAKERS WILL INCLUDE:**

- Richard Gall, MD, FRCSC – Sniffing out the Facts on Sinusitis*
- Shane Silver, MD, FRCPC – Spot Diagnosis: Viral Exanthems and Other Cutaneous Lesions*
- John Embil, MD, FRCPC, FACP – The Bug Stops Here: Diagnosing and Treating Infections with Antimicrobial Resistant Bacteria in the Community Setting*

**“Great presenters and excellent topics that pertain to daily practice”**

**MORE THAN SKIN DEEP...TOPICS IN DERMATOLOGY**

**JANUARY 6, 2017**
FREDERIC GASPARD THEATRE | 745 BANNATYNE AVE.
0830 - 1320 | FEES: PAGE 9

** TOPICS SUBJECT TO CHANGE
* DENOTES A CFPC 99 PRIORITY TOPIC IN FAMILY MEDICINE
CONTACT: Karyn.Iversen@umanitoba.ca or 204-480-1368

### FALL 2017

**OCTOBER 13**
**HOT TOPICS IN PRIMARY CARE**

- Navigating the New Opioid Guidelines*
- Recognizing Complications of THC
- Complementary Medicine – What’s the Evidence?*
- MAID – One Year Later
- Smoking Cessation – To Vape or Not to Vape*
- Infant Jaundice – Know What to Do*
- Non-Surgical Options for Joint Pain*

**NOVEMBER 10**
**RENAL FOR THE BUSY CLINICIAN**

- Challenges of CKD*
- Renal Toxicology
- Hematuria
- Sorting out Electrolyte Imbalance
- Acute Renal Failure*
- Renal Transplant Update
- Nephrolithiasis – What’s New?

**DECEMBER 1**
**TRENDS & CHALLENGES IN VIROLOGY**

- Are We Ready for the Next Pandemic?
- Identifying Common Viral Exanthems*
- Vaccine Refresher*
- Managing Viral Ocular Conditions
- Upper Respiratory Infections*
- Immunizations for the Immigrant Population

### WINTER/SPRING 2018

**JANUARY 12**
**ONCOLOGY DAY**

- Navigating the Cancer Care System
- Lymphoma
- Upper GI Neoplasms*
- Identifying Vulvar Lesions*
- Assessing the Soft Tissue Mass*
- What’s New in Pulmonary Oncology?*

**FEBRUARY 2**
**ADVANCES IN CHRONIC CARE**

- Dyslipidemia Update*
- Multi-Vessel Coronary Disease – Who You Gonna Call?*
- Channelopathies
- Dietary Management in Chronic Diseases*
- Peripheral Vascular Diseases Treatments – What’s New?
- Congenital Heart Defects – Peds and Beyond

**MARCH 2**
**NEUROLOGY UPDATE**

- Identifying Common Movement Disorders
- Multiple Sclerosis Update
- New Management of Migraine and Other Common Headaches*
- Basics in Spinal Cord Injuries in Primary Care
- Epilepsy*
- Myasthenia Gravis – The Work Up

**APRIL 6**
**“A PATIENT PRESENTS WITH A RED AND PAINFUL EYE: WHAT DO YOU DO?”**

- The Red Eye: When to Refer and to Whom
- Basic Eye Exam
- Cataract Surgery in the 21st Century
- Common Pediatric Ocular Problems
- What Family Physicians Should Know About Glaucoma
- Treatment of Age-Related Macular Degeneration (AMD) and Diabetic Retinopathy: What to do about “Floaters and Flashes”

**JUNE 1**
**“WHAT TO DO WITH WHAT LIES UNDER THE DRESSING? A PRIMER ON WOUND CARE”**

- A multidisciplinary presentation will address a broad range of topics ranging from understanding the evidence to the psychology of chronic disease. The program will be fast-paced, with multiple opportunities for audience engagement. Presentations will also address such important topics as vascular assessment, wound microbiology, pressure relief, and diagnosing and managing rashes, blistering and malignant wounds. The day will be wrapped up with a 45-minute session consisting of interactive case discussions.
FALL 2017

**OCTOBER 13**
**SPLINTING AND TAPING***
This interactive workshop will provide an overview of common splinting and taping techniques for soft tissue injuries encountered by primary care workers in the office, ER and in the field.

**NOVEMBER 10**
**VESTIBULAR MANEUVERS IN THE OFFICE**
Back again by popular demand! During this interactive workshop, participants will become familiar with maneuvers for diagnosing vestibular conditions as well as home exercises that are central to the vestibular rehabilitation therapeutic program.

**DECEMBER 1**
**DERMATOLOGY PROCEDURES***
This hands-on workshop will teach the essential skills of performing biopsies as well as other office dermatological procedures.

“Amazing to have consistently engaging speakers! An excellent day that flew by!”

WINTER/SPRING 2018

**JANUARY 12**
**JOINT INJECTIONS***
This popular simulations-based workshop will focus on intra-articular and soft tissue injection techniques.

**FEBRUARY 2**
**OFFICE SPIROMETRY**
This skills lab will provide practical training for attendees in the use and interpretation of office spirometry assessments.

**MARCH 2**
**FALL PREVENTION**
This new skills session will focus on the fall risk assessment in the office and will provide practical tips on prevention and management of the patient with balance problems.

**APRIL 6**
**OFFICE OPHTHALMOLOGY**
This refresher skills workshop will review techniques in performing an office ophthalmology exam and a review of common office ocular procedures.
Operating in 12 Manitoba communities, this program offers physicians practicing outside of Winnipeg the opportunity for on-site or videoconference CPD sessions. In addition, all sites receive the Bannatyne Campus Program by videoconference through MBTelehealth.

In order to address the unique clinical characteristics of each community, this program has community physicians who chair each session. These physicians identify the learning needs of their colleagues and work with the U of M CPD Medicine Program to organize CPD events.

The Community-Based Program is supported by an unrestricted education grant from the Office of Rural and Northern Health.

2017-18 SCHEDULE

**Topics subject to change
* Denotes a CFPC 99 priority topic in Family Medicine

SOUTHERN HEALTH – SANTÉ SUD

CONTACT: Karyn.Iversen@umanitoba.ca or 204-480-1368

MORDEN/WINKLER

Contact: Karyn.Iversen@umanitoba.ca or 204-480-1368

STEINBACH
THE PROGRAM WILL TAKE PLACE ON THE FOLLOWING THURSDAYS:

TOPICS WILL INCLUDE:
Navigating the New Opioid Guidelines* | Guidelines for Communicating with Third Parties in Disability | Asthma and COPD Update* | Common Pediatric Infections* | Management of Depression and Anxiety in Primary Care* | Abnormal Uterine Bleeding* | Preventing Clinician Burnout | Hematuria and BPH* | Diagnosing Common Skin Lesions* | Chronic Kidney Disease* | ADHD Update | Adolescent Psychiatric Disorders*

CFPC MAINPRO+ GROUP LEARNING
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RCPSC SECTION 1
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EVENTS

OBSTETRICS & GYNECOLOGY: CELEBRATING THE PAST: EMBRACING THE FUTURE NEW HSC WOMEN'S HOSPITAL REDEVELOPMENT PROJECT
September 22-23, 2017
Frederic Gaspard Theatre, Basic Medical Sciences Building, 745 Bannatyne Ave.
This exciting two-day event includes a variety of learning opportunities, including hands-on workshops, tours and lectures. Come and celebrate with us as we learn from invited guest speakers from Manitoba and beyond through keynote addresses and small group skills sessions.
Contact: Kelley.Khemiri@umanitoba.ca or 204-789-3547

CARDIOLOGY DAY
September 29, 2017
Frederic Gaspard Theatre, Basic Medical Sciences Building, 745 Bannatyne Ave.
Cardiovascular disease continues to be a major disease burden in terms of both mortality and health related quality of life and is an important source of health inequalities between populations in Canada. This one-day program will provide an overview of controversies and uncertainties in the areas of treatment and intervention of cardiovascular disease.
Contact: Karyn.Iversen@umanitoba.ca or 204-480-1368

CFPC EXAMINATION PREP COURSE
September 29-30, 2017 | Cost: $1199
Basic Medical Sciences Building, 745 Bannatyne Ave.
This day and a half workshop will provide practice eligible physicians with hands-on experience in taking the College of Family Physicians of Canada Certification Examination. Participants will practice both writing Short Answer Management Problems (SAMPs) and Simulated Office Orals (SOOs). This course is limited to graduates of the University of Manitoba IMG-MLP and IMG-ACL programs who are currently practicing in Manitoba. Preference is given to those who are registered for the October 2017 or April 2018 sittings of the CCFP Examination.
Contact: Karyn.Iversen@umanitoba.ca or 204-480-1368

BUG DAY 2017
October 17, 2017
Basic Medical Sciences Building, 745 Bannatyne Ave.
Bug Day is Manitoba's largest healthcare education event. After attending Bug Day, you will be able to: promote infection prevention and control principles and practices; promote hand hygiene awareness and safe health practices for the prevention of infection; identify emerging and existing pathogens, at risk populations and situations relevant to the transmission of infection, and how we can modify these conditions.
Contact: CDGarlinski@hsc.mb.ca or 204-787-4654

ORTHOPAEDIC SYMPOSIUM
October 19-20, 2017
Sam Cohen Auditorium, St. Boniface Hospital Research Centre, 351 Taché Avenue
The annual Orthopaedic Symposium provides a forum on the latest treatment of orthopaedic problems and is designed to enhance the knowledge, skills and abilities of those participants who have an interest in, or a requirement to deal with these conditions.
Contact: Kelley.Khemiri@umanitoba.ca or 204-789-3547

STROKE DAY
October 27, 2017
Basic Medical Sciences Building, 745 Bannatyne Ave.
Stroke Day is a full day of education about stroke and related cerebrovascular diseases. This will include hyper acute, acute, inpatient and outpatient managements of stroke (ischemic and hemorrhagic), stroke prevention at the family physician’s office, management of atrial fibrillations and uses of anticoagulation, TIA recognition and managements, stroke in the young, brain images in stroke and an update on stroke rehabilitation.
Contact: Lenore.Chipman@umanitoba.ca or 204-789-3238

MANITOBA PSYCHIATRIC ASSOCIATION SECOND ANNUAL PRIMARY MENTAL HEALTH CARE CONFERENCE
November 1, 2017
Promenade B & Tache Room, Norwood Hotel, 112 Marion St.
The Manitoba Psychiatric Association (MPA) welcomes you to their Second Annual Primary Mental Health Care Conference. This full day event will offer clinicians the latest in mental health topics commonly encountered in outpatient practice. Sessions will include maintaining a therapeutic relationship during difficult prescribing requests and a clinical approach to insomnia.
Contact: Karyn.Iversen@umanitoba.ca or 204-789-3238

MEDICATIONS, EVIDENCE & DECISION SUPPORT (MEDS) CONFERENCE
January 27, 2018
Frederic Gaspard Theatre, Basic Medical Sciences Building, 745 Bannatyne Ave.
The MEDS Conference is a powerful new education event that casts a critical eye on the evidence of benefit of the medications we prescribe every day. A collaboration between the College of Pharmacy and the Max Rady College of Medicine, this full day Saturday event is free of industry support. It features accomplished speakers that will entertain and sharpen your judgement as you make prescribing decisions.
Contact: Lenore.Chipman@umanitoba.ca or 204-789-3238

BACK TO ANATOMY 2018
February 2018
Gross Anatomy Lab, Basic Medical Sciences Building, 745 Bannatyne Ave.
Under the guidance of experienced human anatomy teachers, it’s your chance to work in small groups as you review the anatomy of the lower and upper extremities. It’s Back to Anatomy in the lab you remember from your training for an “engrossing” morning! In rotating stations, you will receive overviews of the key 3D spatial relationships in the shoulder, knee, elbow, and other structures. You will explore a variety of prospected specimens and refresh and relearn the anatomy that underpins the diagnostic and therapeutic work you do every day in clinic.
Contact: Kelley.Khemiri@umanitoba.ca or 204-789-3547
MANITOBA PSYCHIATRIC ASSOCIATION FIFTH ANNUAL SPRING SCIENTIFIC CONFERENCE
May 27–28, 2018
Location: TBA
The Manitoba Psychiatric Association (MPA) welcomes you to their Fifth Annual Spring Scientific Conference. Topics: TBA.
Contact: KSimpson@exchange.hsc.mb.ca or 204-787-7098

MAAP SUMMER SYMPOSIUM 2018
August 2018
Hecla Lakeview Resort
The Manitoba Asian Association of Physicians (MAAP) Summer Symposium will provide the participants an opportunity to acquire and review clinical knowledge relevant to family medicine practice.
Contact: Kelley.Khemiri@umanitoba.ca or 204-789-3547

FOUNDATION COURSE IN OCCUPATIONAL MEDICINE
The Foundation Course in Occupational Medicine, developed by the University of Alberta's Division of Preventive Medicine, is a distance learning course designed to provide knowledge and skills in the areas of occupational medicine encountered in family medicine and other community-based clinical practice.
Physicians who have satisfactorily completed Parts A and B of the Foundation Course in Occupational Medicine and have been awarded certificates of completion are eligible to write the Associate Membership (ACBOM) examination of the Canadian Board of Occupational Medicine (CBOM).
Registration information, including participant enrolment eligibility, important dates, and tuition fees are available on the course website: www.foundationcourse.ualberta.ca
Contact: Allen.Kraut@umanitoba.ca or 204-789-3294

SERVICES

ECG EXAM ADMINISTRATION
Cost: $250
The CPD Medicine Program oversees an approved examination developed by the section of cardiology at the University of Manitoba Max Rady College of Medicine. The examination is a requirement for any physician wanting to provide official interpretation of ECGs in the Province of Manitoba, who are not certificants of the RCPSC in cardiology, or hold a certificate of special competence in cardiology.
Contact: Lenore.Chipman@umanitoba.ca or 204-789-3238

MPAR – CPD CREDITS FOR MPAR PARTICIPATION
Convert your participation in the Manitoba Physician Achievement Review (mpar.ca) into credits! Reflect on your report with a trusted peer, complete the U of M form provided by the College of Physicians and Surgeons of Manitoba, and submit to the CPD office for CFPC and Royal College credits. The MPAR is completed every seven years by all Manitoba physicians.
Contact: Karyn.Iversen@umanitoba.ca or 204-480-1368

SELF-DIRECTED CLINICAL TRAINEESHIPS
Cost: $200
Self-directed clinical traineeships are planned learning experiences designed to meet an identified professional need, to gain knowledge and skills or enhance current ones. Traineeships require the identification of learning objectives and a supervisor who will help you to plan learning activities that meet your learning objectives. The activity must be a minimum of five days and/or 40 hours in duration and must be less than six months in duration. The traineeship usually occurs in a full-time block but part-time may be possible in certain disciplines. Go to: www.cpd-umanitoba.com/self-learning/traineeships/
Contact: Lenore.Chipman@umanitoba.ca or 204-789-3238

REGISTRATION
For first time registrants, please follow the instructions below:
• Visit our website at cpd-umanitoba.com
• Click on Create Account (top right corner) to create your profile
• Fill out your profile information (select your email carefully – this is how you are identified in the system and you will not be able to change it)
• After completing your profile information, click on Register at the bottom of the page
• You are now logged into your profile and are able to register for events (for future event registrations, you must log in using the email address and password you used to create your profile)
• To register for an event, you must complete the following:
  • Click on Find an Event (top left tab) OR search for a specific event by clicking on the Search Website box (top right) and typing in the name of the event
  • Scroll down to view all upcoming events
  • Select your desired event by clicking on Register
  • Scroll down to choose which event package you want and click on Add to Event Cart
  • Once the item is added to your event cart and you have finished searching for events, click on Proceed to Checkout
  • Process your payment by credit card and click on Pay Now to complete your payment

REIMBURSEMENT OF REGISTRATION FEES
Physicians may be eligible for reimbursement of registration fees and expenses from a fund administered by Doctors Manitoba. For more information, go to www.docsmb.org or call 204-985-5844.

ACCREDITATION
The University of Manitoba CPD Medicine Program is fully accredited by the Committee on Accreditation of Continuing Medical Education (CACME).

STUDY CREDITS
Select programs meet the accreditation criteria of the College of Family Physicians of Canada and the Royal College of Physicians and Surgeons of Canada.

PHARMACY CREDITS
The College of Pharmacists of Manitoba recognizes learning activities that have been accredited by The Royal College of Physicians and Surgeons of Canada (MOC) and/or The College of Family Physicians of Canada (Mainpro+). Pharmacists can claim these continuing medical education programs as accredited learning by selecting the appropriate accrediting body in the member’s online Professional Development Log.
REGISTRATION

INFORMATION

The Bannatyne CPD Program for Primary Care
Plenary Sessions & The Community-Based CPD Program for Primary Care

If you register for the Community-Based Program and pay the annual fee, you may attend any of the Bannatyne sessions at no additional charge. Contact Karyn Iversen at Karyn.Iversen@umanitoba.ca or 204-480-1368.

REGISTRATION CANCELLATION POLICY

Didactic Lectures – full refund less a $35 administrative fee if cancelled 14 days or more before the event. No refund past this date.
Skills Workshops – full refund less a $35 administrative fee if cancelled 14 days or more before the event. No refund past this date.

PLANNING COMMITTEES

CPD PROGRAM FOR PRIMARY CARE

FRIDAYS @ THE UNIVERSITY
BANNATYNE CPD PROGRAM
Christine Polimeni | MD, CCFP
Andrea Agostinho | MD, CCFP
Orvie Dingwall | BA, MLIS, AHIP
Leanne Drad
Jonathan Gabor | MSc, MD, FRCPC, SCH
Ravi Gupta | MD, CCFP
David Haligowski | MD, MCFP
Diane Labossière | MSc, NP
Steven Piotrowski | BSc, MSc, MPAS, CCPA
Rick Ross | MD
Mark Smith | MSc
Opeyemi Sobowale | MD, CCFP
Jeff Toews | MEd
Meghan Ward | BComm, CPHR
Karyn Iversen
Kelley Khemiri

COMMUNITY-BASED
Christine Polimeni | MD, CCFP
Kevin Earl | MD, CCFP
Vinit Elimban | MD, FRCP C
Deirdre O’Flaherty | MD, CCFP
Corné Vlok | MD, MBChB, CCFP
Anita William | MD, CCFP
Jeff Toews | MEd
Meghan Ward | BComm, CPHR
Karyn Iversen

BRANDON
Corné Vlok | MD, MBChB, CCFP
Theo Fourie | MBChB, CCFP
Harold Fung | MD, FRCP C
Stacey Kitz | MD, CCFP (EM)
Liesel Moller | MBChB, CCFP
Savitri Ramaya | MBChB, BOccTher
Jeff Toews | MEd
Jocelyn Beever
Karyn Iversen

BREAKFAST WITH THE EXPERTS
Christine Polimeni | MD, CCFP
John Embil | MD, FRCP C, FACP
Catherine Gudmundson | MD, BSc (Med), CCFP
Joseph Wm. Partyka | MD, CCFP
Tim Ross | MSc, MD, CCFP
Lenore Chipman
Carolyn Garlinski

“Excellent speakers, well-chosen topics, one of the best CME days that I have attended.”

THE CHALLENGES OF AUTOIMMUNE DISORDERS | FebruAry 3, 2017
CONNECTING TO LEARNING... COMMITTING TO CARING

Busy clinicians, in changing times, focusing on the patient-practitioner relationship... committing to expert care, patient advocacy and scholarship. The University of Manitoba CPD Medicine Program shares that commitment in supporting you in your professional development.

Connecting you to high quality medical education has never been easier with new topics, new programs and our new website: CPD-umanitoba.com. Register online, explore our events page and join us for one of our many educational plenary sessions, skills labs or stand-alone programs. From therapeutic updates, to mastering dermatological procedures, to advances in renal and neurology care, there are scores of events to choose from that are accredited for both the generalist and the specialist. This year be a part of the ever popular Bug Day or celebrate the past and the future of Women’s Health with a two-day, blockbuster educational conference and tour of the new Women’s hospital.

Along with our signature Bannatyne Campus and Community-Based Programs in four rural locations in the province, we are thrilled to add two new series to our 2017/18 line up. The live Best of Bannatyne Webinars showcase some of the most highly evaluated topics from our Fridays @ the University presentations. Or, spend Saturday mornings with us at our new Breakfast with the Experts sessions, which explore common infectious disease topics in a highly interactive small-group setting.

Come see what the university has to offer... a new look and a great new season. Connect with us as we commit to your Learning... For life.

Christine Polimeni, BSc, MD, CCFP
Vice Dean, Continuing Competency and Assessment
Rady Faculty of Health Sciences
University of Manitoba

CPD MEDICINE
THE TEAM

LEFT TO RIGHT - BACK ROW
Dr. Jeff Sisler, Jeff Toews, Lenore Chipman, Erin Jansen, Kelley Khemiri, Dr. Brenda Stutsky

LEFT TO RIGHT - FRONT ROW
Dr. Christine Polimeni, Karyn Iversen, Tolu Dare, Meghan Ward