

BRANDON PRIMARY CARE FALL CONFERENCE

NOVEMBER 8-9, 2019

Brandon Regional Health Centre, Brandon MB

FRIDAY, NOVEMBER 8, 2019

6.0 MAINPRO + 2.0 MOC SECTION 1

1700 - 1900 **Small Group Skills Workshop:**

Cognitive Behavioural Therapy Primer

Facilitator: Dr. Lynda Kong

WORKSHOP OBJECTIVES:

- Explain the evidence that supports the use of Cognitive Behavioral Therapy (CBT) in primary care. (family medicine expert, scholar)
- List the clinical conditions for which CBT is indicated. (family medicine expert)
- Explore the CBT techniques that are useful in the primary care setting. (family medicine expert)
- Apply the CBT techniques in a standardized patient interview based on two different clinical scenarios. (family medicine expert, communicator)

SATURDAY, NOVEMBER 9, 2019

6.0 MAINPRO + 6.0 MOC SECTION 1

0815 – **Registration**

0825 – **Welcome and introduction** – Corné Vlok, MBCHB, CCFP

0830 – **Managing Opioids in Practice**

Ginette Poulin, RD, MD, CCFP(AM), CISAM, CMCBT, PLIC

0915 – **Stroke Protocol Update** – Arturo Tamayo, MD

1000 – Rest Break

1015 – **To Vape or Not to Vape** – Erin Knight, MD, CCFP, ISAM

1100 – **Cancer Emergencies in Office and ER**

Cornie Woelk, MD, CCFP (PC), FCFP

1145 – Lunch and visit display booths

1315 – **Physician Wellness** – Jillian Horton, MD, FRCP

1400 – **STBBI Crisis: An Update** – Amy Frykoda, MD, CCFP, MSc

1445 – Rest break

1500 – **HIV update** – Carine Minders, MD

1545 – **Managing LGBTQ2S patients** – Kelby Treloar, MD

1630 – Closing remarks

AT THE CONCLUSION OF THIS EDUCATIONAL ACTIVITY, THE PARTICIPANT SHOULD BE ABLE TO:

- Discuss the management of opioids including common street drugs with a focus on crystal methamphetamine. (Medical Expert)
- Examine recent updates in stroke guidelines including reviewing the pathophysiology of ischemic stroke, reviewing acute stroke management, and applying the PMH Stroke Protocol. (Medical expert, Scholar)
- Review current evidence for smoking cessation specifically as it applies to vaporizers and e cigarettes. (Medical Expert, Scholar)
- Recognize and describe the presentation and management of at least 5 oncologic emergencies. (Medical Expert)
- Identify recent advances in HIV care including pre and post exposure prophylaxis protocols. (Medical Expert, Scholar)
- Explore best practices in LGBTQ2S care for primary care physicians and explain the role/ services provided by the Brandon Transgender Clinic. (Medical Expert, Collaborator, Health Advocate)
- Explain provincial STBBI epidemiology and discuss STBBI outbreak response strategies and significant challenges that have been identified moving into the future. (Medical Expert, Scholar)
- Describe strategies for preventing physician burnout and optimizing physician wellness. (Professional)

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ONLINE REGISTRATION

Methods of payment are by VISA, MasterCard and AMEX. Register online at: cpd-umanitoba.com/events/brandon-primary-care-fall-conference-2019/

FEES

Physicians: \$250

Other health professionals: \$125

Residents/students: \$40

Skills CBT Workshop: \$200

DISCLOSURE OF CONFLICTS OF INTEREST

In keeping with accreditation guidelines, speakers participating in this event are required to disclose to the audience any involvement with industry or other organizations that may potentially influence the presentation of the educational material.

CONTACT

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THIS PROGRAM WILL BE OF INTEREST TO FAMILY PHYSICIANS, FAMILY MEDICINE RESIDENTS, NURSE PRACTITIONERS, NURSES, AND OTHER HEALTH PROFESSIONALS WORKING IN URBAN OR RURAL SETTINGS.

OUR MISSION

SERVING OUR DIVERSE COMMUNITIES, WE PROVIDE EVIDENCE-INFORMED EDUCATIONAL OPPORTUNITIES TO HEALTH PROFESSIONALS FOR LIFE-LONG LEARNING, COMPETENCE AND SUSTAINED PRACTICE CHANGE, IN A CULTURALLY SAFE AND RESPONSIVE MANNER.

STUDY CREDITS

The University of Manitoba CPD Medicine Program is fully accredited by the Committee on Accreditation of Continuing Medical Education (CACME). Participants should only claim credit for the actual number of hours attended.

SATURDAY CONFERENCE

This one-credit-per-hour Group Learning program meets the certification criteria of the College of Family Physicians of Canada and has been approved by the CPD Medicine Program, University of Manitoba for up to 6.0 Mainpro+ credits.

This event is an Accredited Group Learning Activity (Section 1) as defined by the Maintenance of Certification Program of The Royal College of Physicians and Surgeons of Canada, and approved by the CPD Medicine Program, University of Manitoba for a maximum of 6.0 hours.

FRIDAY SKILLS WORKSHOP

This three-credit-per-hour Group Learning program meets the certification criteria of the College of Family Physicians of Canada and has been approved by the CPD Medicine Program, University of Manitoba for up to 6.0 Mainpro+ credits.

This event is an Accredited Group Learning Activity (Section 1) as defined by the Maintenance of Certification Program of The Royal College of Physicians and Surgeons of Canada, and approved by the CPD Medicine Program, University of Manitoba for a maximum of 2.0 hours.

REIMBURSEMENT OF REGISTRATION FEES

Physicians may be eligible for reimbursement of registration fees and expenses from a fund administered by Doctors Manitoba. For more information, visit www.docsmb.org or call 204-985-5844.

ADDITIONAL POLICIES

All sessions, topics and speakers subject to change.

Participants may receive a full refund less a \$35 administrative fee if cancelled 14 days or more before the event. No refund past this date. Refunds cannot be given if an event is missed.

Candid photos may be taken at CPD events. Your registration implies your permission for these photos to be used for promotional material. Individuals in photographs will not be identified.

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