

# MENTAL HEALTH DAY FRIDAYS AT THE UNIVERSITY

DECEMBER 14, 2018 0830 - 1320

*Frederic Gaspard Theatre | Basic Medical Sciences Building  
745 Bannatyne Avenue | University of Manitoba*

We are all affected by mental health problems at some point in our lives. For some of us, the fight against mental illness is a daily battle for survival. Local experts on mental health matters will lead us as we gather for a day of learning and reflection on this important topic. Join us in breaking down stigma and exploring the hope that treatment can bring.

## AGENDA

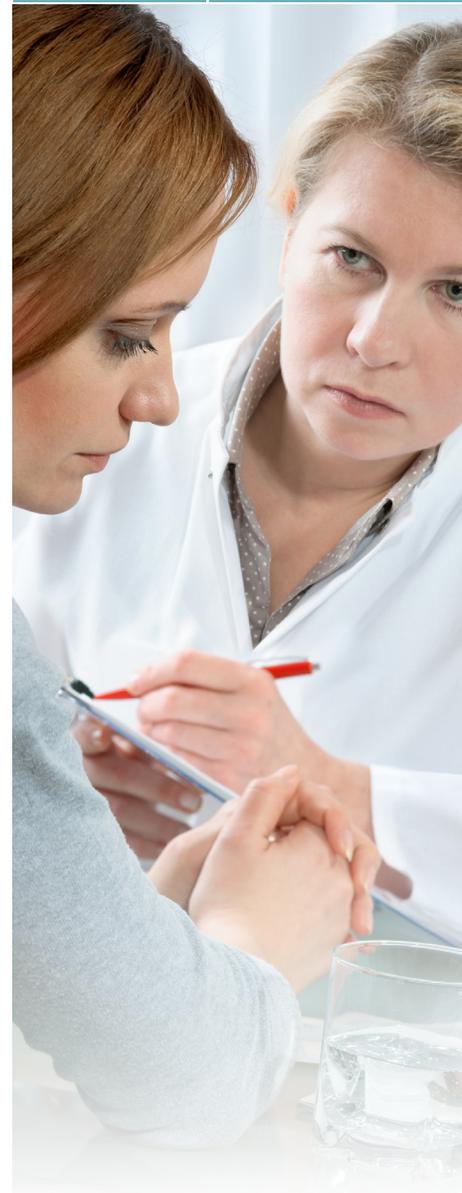
- 0800 - 0820 Registration** and continental breakfast
- 0820 - 0830 Welcome and introductions**
- 0830 - 0920 The Suicidal Patient: Acute and Long-term Management**  
– Laurence Katz MD, FRCPC
- 0920 - 1010 Update on the Pharmacologic Treatment of Major Depressive Disorder**  
– Murray Enns MD, FRCPC
- 1010 - 1100 Mental Health System Transformation in Manitoba – What you need to know as a Primary Care Provider** – Jitender Sareen MD, FRCPC
- 1100 - 1140 Lunch** and networking break
- 1140 - 1230 Childhood Anxiety and Depression** – Leonard Schwartz MD, FRCPC
- 1230 - 1320 Alcohol and Substance Abuse: Diagnosis and Treatment**  
– Jim Simm MD, FRCPC

## WORKSHOP OBJECTIVES:

- Explain the acute and long term management consideration for the suicidal patient (family medicine expert).
- Evaluate new treatment options for mood disorders by investigating the evidence that supports each option (family medicine expert, scholar)
- Determine how mental health system transformation in Manitoba may impact psychiatric referral pathways and current models of shared care (family medicine expert, collaborator and manager)
- Summarize important considerations in the management of childhood anxiety (family medicine expert).
- Explain the role of motivational interviewing in the treatment of addictions (family medicine expert, communicator)

4.5

Mainpro+  
Group Learning  
MOC Section 1  
Per Session



UNIVERSITY  
OF MANITOBA

Rady Faculty of  
Health Sciences

## ONLINE REGISTRATION

Methods of payment are by VISA, MasterCard and AMEX.

Register online at: [cpd-umanitoba.com](http://cpd-umanitoba.com)

## FEES

PER SESSION FEES

Physician \$195 | Nurse / Other Health Professional \$80 | Resident \$35

ANNUAL FEE FOR 8 SESSIONS

Physician \$920 | Nurse / Other Health Professional \$375 | Resident N/A

## REFUND POLICY

Upon written request no less than 10 days prior to the start of the event, a refund will be given less \$35 for administrative costs. No refunds will be given for cancellations within 10 days of the start of the event.

## DISCLOSURE OF CONFLICTS OF INTEREST

In keeping with accreditation guidelines, speakers participating in this event are required to disclose to the audience any involvement with industry or other organizations that may potentially influence the presentation of the educational material.

## ACCREDITATION

The University Of Manitoba CPD Medicine Program is fully accredited by the Committee on Accreditation of Continuing Medical Education (CACME).

## MBTELEHEALTH

This program is available to all MBTelehealth sites. It is up to you to ensure that your location is available and reserved for your use. To receive credits and access speakers' presentations post-event, you must also be a paid registrant.

THIS PROGRAM WILL BE OF INTEREST TO FAMILY PHYSICIANS, FAMILY MEDICINE RESIDENTS, NURSE PRACTITIONERS, NURSES, PHARMACISTS, AND OTHER HEALTH PROFESSIONALS WORKING IN URBAN OR RURAL SETTINGS.

## CFPC MAINPRO+ GROUP LEARNING

THIS ONE-CREDIT-PER-HOUR GROUP LEARNING PROGRAM MEETS THE CERTIFICATION CRITERIA OF THE COLLEGE OF FAMILY PHYSICIANS OF CANADA AND HAS BEEN APPROVED BY THE CPD MEDICINE PROGRAM, UNIVERSITY OF MANITOBA FOR UP TO 4.5 MAINPRO+ CREDITS.

## RCPSC MOC SECTION 1

THIS EVENT IS AN ACCREDITED GROUP LEARNING ACTIVITY (SECTION 1) AS DEFINED BY THE MAINTENANCE OF CERTIFICATION PROGRAM OF THE ROYAL COLLEGE OF PHYSICIANS AND SURGEONS OF CANADA, AND APPROVED BY THE CPD MEDICINE PROGRAM, UNIVERSITY OF MANITOBA FOR A MAXIMUM OF 4.5 HOURS.

## PHARMACISTS

THE COLLEGE OF PHARMACISTS OF MANITOBA RECOGNIZES LEARNING ACTIVITIES THAT HAVE BEEN ACCREDITED BY THE ROYAL COLLEGE OF PHYSICIANS AND SURGEONS OF CANADA (MOC) AND/OR THE COLLEGE OF FAMILY PHYSICIANS OF CANADA (MAINPRO+). PHARMACISTS CAN CLAIM THESE LEARNING ACTIVITIES AS ACCREDITED IN THEIR PROFESSIONAL DEVELOPMENT LOG.

PARTICIPANTS SHOULD ONLY CLAIM CREDIT FOR THE ACTUAL NUMBER OF HOURS ATTENDED.

## CONTACT

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