



UNIVERSITY
OF MANITOBA

Rady Faculty of
Health Sciences



Dental Management of Snoring and Obstructive Sleep Apnea

Friday, February 10 – Saturday, February 11, 2017

Canad Inns Destination Centre Health Sciences Centre

2nd Floor - Ambassador A Room | 720 William Ave., Winnipeg, MB

WITH SUPPORT FROM THE DR. ROBERT. D. GLENN TRUST FUND



College of Dentistry and School of Dental Hygiene

COURSE OVERVIEW:

Dentists have a major role in the management of sleep-disordered breathing by screening for potential sleep apnea, referring at-risk individuals to sleep physicians for diagnosis, and providing therapeutic oral appliances when appropriate. This course, presented by experts from the U.S.-based Sleep Group Solutions, debuts the first program on dental sleep medicine in Manitoba.

Day 1 will include lectures on sleep as it relates to breathing and dentistry, sleep states, parasomnia, vocabulary, and terminology related to sleep apnea. Detailed information on co-morbidities, the clinical steps involved in screening for obstructive sleep apnea, patient education, and working with sleep physicians will also be discussed. Instructors will provide over-the-shoulder instruction on how to use pharyngometers, and rhinometers, and explore airway metrics. Overnight home sleep studies will be prepared for select course participants.

During the hands-on component on Day 2, instructors will download previous night's home sleep test studies to review data and walk participants through step-by-step protocols. Participants will gain hands-on experience in working with various sleep appliances, and hear about the pros and cons of these therapies, and learn how clinical observations enable practitioners to make better appliance selections. The day will conclude with a discussion of medical/legal issues associated with dental sleep medicine, how to collaborate with medical colleagues, and a re-cap of dental sleep medicine protocols.

Upon completion of the program, participants should be able to implement a clinical treatment model for sleep apnea. This is a MUST-attend program for dentists who are curious about the role they may play in the intervention of sleep apnea, or for those who are considering implementing protocols for the identification of at-risk patients and providing therapeutic oral appliances to treat sleep apnea.

This program will be of interest to dentists.

LEARNING OBJECTIVES:

Upon completion of this course, participants will be able to:

- Discuss the prevalence of sleep-disordered breathing (SDB), and the various stages of sleep-disorders.
- Identify patients who may have sleep-disordered breathing and make referrals to sleep physicians for appropriate diagnostic testing.
- Educate patients on key issues regarding sleep-disordered breathing.
- Formulate and present dental treatment plans for appropriate oral appliance therapy for various sleep disturbances.
- Assess the effectiveness of oral appliances by reviewing data from portable sleep monitors to titrate the fabrication of oral appliances.
- Discuss various medical/legal issues associated with sleep medicine science.
- Collaborate with sleep physicians in the long-term care of patients with sleep-disordered breathing.

Registration: 8:30AM

Lecture: 9:00AM – 4:00PM

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2nd Floor - Ambassador A Room
720 William Ave., Winnipeg, MB R3E 3J7

FEE:

Both Days: \$1,500
Friday Only: \$800
Breakfast and lunch provided

REGISTRATION DEADLINE:

January 20, 2016

ONLINE REGISTRATION:

Methods of payment are by Visa,
MasterCard, or Amex.

Register online at cpd-umanitoba.com



SPEAKER: JOHN NADEAU, Vice President, Sleep Group Solutions (SGS)

SGS Vice President, **John Nadeau**, has been actively involved in the dental sleep medicine community since 2002. He has worked with several hundred dentists in the field and he has helped many of them get started with sleep medicine protocols in their own practices. An expert on airway acoustic imaging and home sleep testing, John authored the SGS protocol manual detailing the step-by-step process involved in taking a patient from initial screening through treatment and follow-up. John's passion for dental sleep medicine is evident in his lectures. He has been an invited guest instructor at many dental meetings and teaching facilities across North America.



SPEAKER: JEFF W. HOROWITZ, DMD, FAGD

Private Practise: Myrtle Beach, Conway and North Myrtle Beach, Carolina Centre for ADVANCED DENISTRY South Carolina, US

Dr. Jeff Horowitz earned his Doctorate of Dental Medicine degree from the Medical University of South Carolina in 1991. He earned a fellowship award from the Academy of General Dentistry, Mentorship status at the prestigious Kois Center for Advanced Dental Studies, and fellowship in the Pierre Fauchard Academy. Dr. Horowitz is also a member of the American Association of Dental Sleep Medicine.

REFUND POLICY:

A registration refund will be made upon written request prior to January 26th, 2017. A \$35 administration fee will be retained. No refunds will be made on or after January 26th, 2017.

BREAKS:

Continental breakfast and lunch will be provided.

DISCLOSURE OF CONFLICTS OF INTEREST:

In keeping with accreditation guidelines, instructors participating in our programs are required to disclose to the audience any involvement with industry or other organizations that may potentially influence the presentation of the educational material.

STUDY CREDITS

This course is designed for **12 hours** of Continuing Dental Education Credits.

CONTACT:

Laura Friesen

Program Coordinator – Dentistry & Dental Hygiene;
Division of Continuing Competency and Assessment ,
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This activity has been planned and implemented in accordance with the standards of the Academy of General Dentistry Program Approval for Continuing Education (PACE) through the joint program provider approval of Casey Hein & Associates and the College of Dentistry, University of Manitoba. Casey Hein & Associates is designated as an Approved PACE Program Provider by the Academy of General Dentistry. The formal continuing education programs of this program provider are accepted by the AGD for Fellowship, Mastership and membership maintenance credit. Approval does not imply acceptance by a state or provincial board of dentistry or AGD endorsement. The current term of approval extends from December 1, 2015 to November 30, 2019. Provider ID# 337890 AGD Code 160

Framing Your Future

Continuing Professional Development Upcoming Calendar for Dentistry

SATURDAY, JANUARY 14TH, 2017



ADVANCED REMOVABLE PARTIAL DENTURE DESIGNS

6 HOURS CDE CREDIT

FEE: DENTIST FULL DAY \$450; LECTURE ONLY (AM) \$200

Igor J. Pesun, DMD, MS, FACP, FRCD(C) FICD(C)
College of Dentistry, Rady Faculty of Health Sciences,
University of Manitoba

Michael Barczak, DMD, MSc, FRCD(C)
College of Dentistry, Rady Faculty of Health Sciences,
University of Manitoba

This program is for practitioners who wish to incorporate the latest concepts and materials into their practice when restoring the partially-edentulous patient. Considering all of the options available to restore missing teeth for patients, the use of removable partial dentures is still one of the most popular methods, due to its relatively-low cost. This hands-on program will provide the dentists an opportunity to review the concepts for removable partial

dentures, and introduce more esthetic designs and the use of dental implants and attachments for their patients. The program will review diagnosis, treatment planning, patient evaluation, implant usage, and advanced designs for removable partial dentures.

During the hands-on sessions, various cases will be provided to allow for instruction on the design of removable partial dentures using these advanced techniques. During the hands-on laboratory sessions held at the College of Dentistry, participants will design advanced prostheses. Please note: We encourage participants to bring cases of their own for discussion.



SATURDAY, MARCH 11TH, 2017



ORAL SURGERY FOR THE GENERAL DENTIST: MINI LECTURES AND HANDS-ON WORKSHOP

6 HOURS CDE CREDIT

FEE: DENTIST FULL DAY \$450; LECTURE ONLY (AM) \$200

Reda Elgazzar,
BDS, MSc (OMS), PhD (OMS), RCDC (C), RCPS (Glasg.)
College of Dentistry, Rady Faculty of Health Sciences,
University of Manitoba

Leland R. McFadden, DDS, MSc, FRCD(C)
College of Dentistry, Rady Faculty of Health Sciences,
University of Manitoba

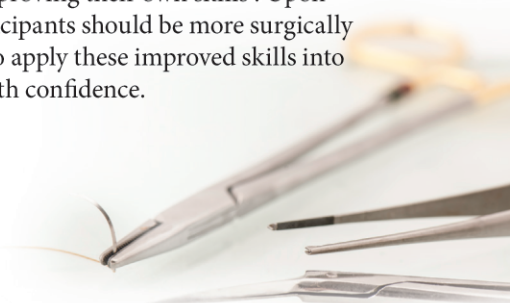
Tim Blight, DDS, FRCD(C)
Private Practice: Winnipeg, Manitoba, Canada

Blair Dalglish, BSc, DMD, M Dent, FRCD(C)
College of Dentistry, Rady Faculty of Health Sciences,
University of Manitoba

Oral and maxillofacial surgeons typically engage in- and represent the community standard in certain areas of facial trauma, facial deformity correction, reconstructive facial surgery, temporomandibular joint management and surgery, head and neck infections, and management of pathologies. However, the general dental practitioner

should be competent in performing basic surgical procedures which commonly occur in their practice settings. Due to anesthetic concerns, past experiences with surgical complications, or lack of training, many general practitioners hesitate to perform even basic oral surgery procedures.

This innovative, hands-on course will focus on helping general dentists develop or refine essential skills that are critical for successful performance of oral-surgical procedures. The program includes mini-lectures on oral surgery topics that are relevant to the general practitioner, and a hands-on component using animal models. Faculty experts will demonstrate techniques and then guide participants in improving their own skills. Upon completion, course participants should be more surgically competent and be able to apply these improved skills into everyday patient care with confidence.



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